



# Bible Study

## Lesson Overview

### Lesson 1 - PURSUING PRAYER PROACTIVELY

**Lesson Theme:** Proactively pursue the privilege of prayer in order to prevail.

**Biblical Passage:** Psalm 121:1-8

**Learning Goals:**

- Learners will discover how the psalmist of Psalm 121 looked to God to meet his every need.
- Learners will consider how they can use simple prayers to express how God meets their needs.

### Lesson 2 - REMEMBER HIS RIGHTEOUS DEEDS

**Lesson Theme:** We must remember who He is and what He has done—both in the Bible and for us personally—before we can truly “hallow His name.

**Biblical Passage:** Psalm 104:24-35

**Learning Goals:**

- Learners will discover how the psalmist’s natural response of worship when confronted with the One God in Psalm 104.
- Learners will identify how reveling in God’s creation can impact the way they worship Him in prayer.

### Lesson 3 - ACKNOWLEDGE SIN

**Lesson Theme:** We receive His amazing grace when we acknowledge sin and adjust our life.

**Biblical Passage:** Psalm 51:1-10

**Learning Goals:**

- Learners will examine David’s prayer of confession and his request for forgiveness.
- Learners will examine their willingness to prayerfully confess their sins to God to receive His forgiveness.

### Lesson 4 - YIELD TO HIS WILL

**Lesson Theme:** Discovering the blessings that come from seeking God’s kingdom and His will for our lives.

**Biblical Passage:** Psalm 100:1-5

**Learning Goals:**

- Learners will examine what it means to completely yield to God.
- Learners will examine how yielding to God in worship puts the emphasis God’s desires, rather than their own.

### Lesson 5 - ENJOY HIS DAILY BREAD

**Lesson Theme:** Nothing is more satisfying than His daily bread.

**Biblical Passage:** Psalm 119:9-16

**Learning Goals:**

- Learners will examine David’s understanding of what it meant to consume God’s Word daily.
- Learners will identify how they can create a plan for feasting daily on God’s Word.

### Lesson 6 - REST IN HIM

**Lesson Theme:** When we rest in His kingdom, we will experience His power and see His glory working in our lives.

**Biblical Passage:** Psalm 23:1-6

**Learning Goals:**

- Learners will examine how God provide rest as part of what is needed to sustain life.
- Learners will evaluate how they find rest in God.