

# Prayer Prompts

Matthew 6:9-13 NKJV

As you pray, use the following to prompt you to pray the different elements of prayer Jesus taught in the Lord's Prayer:

**P** – Proactively Pursue Prayer (In this manner, therefore, pray, Matthew 6:9)

How will I be proactive about prayer today? Make a commitment/appointment with God as any other appointments today, recognizing this one as the most important appointment of all. When will I meet with God and for how long?

**R** – Remember His Righteous Deeds (Hallowed be Your name, Matthew 6:9)

Worship God for being God Almighty, holy and righteous. What has God done in my life in the last 24 hours (or since I last prayed). Try to remember the little things we often overlook.

**A** – Acknowledge Sin and Forgive Others (Forgive us our debts..., Matthew 6:12)

What do I need to acknowledge and confess? How can I repent (change direction) of this? What will be my specific plan to avoid this temptation? Ask for God's help in this area.

Who might I need to forgive? Ask God to help me love that person and to love them through me.

**Y** – Yield to His Will (Thy will be done, Matthew 6:10)

For what do I need to seek God's will and not my own? What area of my life might I need to surrender control? Ask God's help to see and relinquish.

How will I bring God's Kingdom to earth today?

**E** – Enjoy His Daily Bread (Give us this day our daily bread, Matthew 6:11)

What requests do I have to bring before the Lord? How will I seek Him as my daily bread as well as for my needs/desires.

**R** – Rest in Him (For Yours is the kingdom, power and glory, Matthew 6:13)

As I say Amen, am I truly trusting Him? How can I stay in a state of trust and not worry?

What scripture will I keep in front of me today to remind me He has everything under control? Write it on an index card to carry with me; write it on sticky notes and place them in prominent places where I will see and be reminded of His faithfulness repeatedly throughout my day.